

Army news briefs

Army closes 23 MOSs to women

The Army has closed 23 Military Occupational Specialties to women soldiers, bringing to 61 the number of MOS's denied them, according to Pentagon officials.

It was announced by Brig. Gen. Ronald W. Zeltman, director of the Women in the Army Review, that a change in women policies will authorize a 5000 increase in enlisted women strength and a boost of 4000 women officers over the next five years.

"The 23 MOS's being closed to women will not affect female soldiers presently in the 22nd Signal Brigade", said Capt. Jeffery Hunzinger, Brigade S-1 officer. "But the new regulation will affect soldiers stationed here in the future," he said. "The MOS's barred to women",



Pentagon officials say, "are either too physically demanding or those that require the deployment to main battle areas."

At the present there are over 65,000 women serving the 293 MOS's in the Army.

Get fit or get out, Army tells soldiers

WASHINGTON, (FbF)- The Army's new training regulation which outlines the physical fitness program as a system became effective in September.

The new regulation calls for three to five exercise periods a week. The exercise must be intense enough to raise the person's heart rate to 60 to 80 percent of the maximum for their age, and they must maintain that heart rate for at least 20 to 30 minutes.

Changes affect the over-40 program as well. The previous six-month get-in-shape period for over 40 soldiers has been reduced to three months. This will affect those persons medically cleared after the new policy is in effect.

Remedial and corrective actions for substandard performers include separation from military service for repeated failure on the PT test. (AR News)



SFC board to meet next month

The Army sergeant first class board will meet early next month to consider 54,000 staff sergeants and specialist sixes for more that 11,000 promotions.

The SFC zone of consideration will include E-6s with primary dates of rank of Jan. 31, 1980, or earlier, and secondary DORS between Feb. 1, 1980 and Sept. 30, 1981.

Any soldier wishing to write the president of the board to highlight their career can do so by writing to Commander, USAFREC, ATTN: PCRE-RB, E7 Board, Fort Benjamin Harrison, Ind 46249.