

# Nijmegen march - 100 miles

By B. Bob Starr

Fifteen soldiers from the 22nd Signal Brigade have walked over 500 miles recently, training for this year's annual Nijmegen International Marches, July 20 - 23.

Nijmegen is sponsored each year by the Royal Netherlands League for Physical Culture to promote international partnership, according to Sp4 Tommy Rangel, HHC Brigade. Rangel, 23, of Odem Texas marched in last year's 100-mile event with a 22-pound pack and said it felt great.

## An accomplishment

"It was an accomplishment, because I knew I did it myself," the airborne soldier said. "And I'm going to do it again this year too," he added.

Last year's march brought soldiers from England, Holland, Germany, Australia and the United States to the Dutch countryside, including civilian marchers from 31 countries, in Holland's largest annual sporting event.

Rangel, who plans to go to Ranger school in the future, said the 100 mile march is broken into four day segments. "We will march 25 miles a day and we must do it in nine hours or less to qualify", he said.

## Team members

Others on the Brigade Nijmegen team are: 17th Signal Battalion - SFC Glen Barton, Sgt. Anthony Joseph, Sgt. Robert Layton, Sgt. Venessa Anderson, Sp4. Duane Berry, Sp4. Steve Mora, Sp4. Gabreil Cervantes, Sp4. Geogory Washington, Sp4. Roel Flores, Sp4. Darla Lewallen, Sp4. Frank Martin, Sp4. Richard Bronner, PFC Bernnedett Reyer. 32nd Signal Battalion - Sp4. Philip Knox. (Sp4 Starr is a brigade stringer).



## Why the FIVE by FIVE is called FIVE by FIVE

By Randy Gann

FIVE by FIVE. Now isn't that a strange name for a newspaper published by a Signal unit. Sure, I could understand an Engineer unit having a paper called the "Two by Four"; but the FIVE by FIVE, what does that mean?

SFC Jim Savage, Frequency NCO, and long-time instructor at Fort Gordon, says that the phrase "FIVE by FIVE" originated thirty or forty years ago as a method of informing the transmitting station of two things: signal strength and readability. SFC Anthony Wallent, Radio NCO for the 32d Signal Battalion,

says that the numbers come from two meters on the radios of the old TRC-1 series. The scale on these meters went from zero to five. Thus "FIVE by FIVE" meant maximum signal strength and maximum clarity or readability, or that the transmitting station was coming in loud and clear.

Does the FIVE by FIVE live up to its name? Do we ever come in "Broken and Distorted"? If so, write the editor of our paper and let him know. We'll never know if you won't tell us! (1st. Lt. Gann is the Public Affairs Officer, 22nd Signal Brigade).